

BIOGRAPHY: *Darcy Keep* is the Director of Behavioral Health at Santa Barbara Cottage Hospital. She received her BSN from California State University at Fresno and has worked in the field of psychiatric nursing for the past 30 years in both clinical and administrative positions. Darcy is a member of the American Psychiatric Nurses Association and the Association of California Nurse Leaders.



Darcy is passionate about advocating for those living with mental illness and she has been actively involved with the Mental Wellness Center for nearly 20 years. She has served on their Board of Directors for over 15 years and has been a member of the Executive Committee and other advisory committees. In 2006, she was named Volunteer of the Year by the Mental Wellness Center, and in 2013 she was named a Local Hero by the Santa Barbara Independent for her work sponsoring and organizing the Annual Mental Health Arts Festival.



VISTAS Calendar			
Seminar/Event	Inclusive Dates	Time	Venue
Documentary Film Club	3rd Thurs Monthly	2:00 pm	Maravilla Theater
Nonfiction Book Club	3rd Wed Monthly	1:30 pm	Vista del Monte-Sierra Madre
Western Medicine Study Grp	1st Friday Feb - July	10:00 am	Private Home
Grandchildren Learning	Mon, Feb 13, 20 & 27	9:30 am	Valle Verde - Social Room
Nikola Tesla	Wed, Feb 22 & Mar 1	9:30 am	Valle Verde - Social Room
Short Story Seminar	Wed, Mar 1, 8, 15, & 22	1:30 pm	Private Home
Lewis Carroll	Mon, Mar 6 & 13	9:30 am	Goleta Library
Strauss by Bisno	Wed, Mar 29 & Apr 5	9:30 am	Valle Verde Theater
Symphony Orchestra/Katz	Wed, Apr 12, 19, & 26	TBD	TBD
Rural New England 1830's	Thurs, May 4	9:30 am	Valle Verde - Social Room
Mental Illness Touches Everyone	Wed, May 10	9:30 am	Valle Verde - Social Room