



A Nonprofit Education Corporation
 P.O. Box 23228
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Wine Appreciation

Presenter: Wendy Van Horn & John Van Atta

Tuesday, December 7, 1:30-4:00pm
 Valle Verde Theater

Tuesday, December 14, 1:30-4:00PM
 Winery Visit

1330 E. Pepper Lane, Montecito

Session 1: Priming Your Palate—Wendy Van Horn

Join us for an exploration of flavor! Wine lovers of all experience levels will enjoy a palate “tune-up” in this unique learning class. This highly interactive laboratory session will reintroduce your palate to the basic flavor elements found, not only in wine, but in all of the foods and beverages we consume. Through guided tasting exercises we’ll break down flavors into their component categories—sweet, salty, sour, bitter, umami—in order to explore how these ingredients interact with each other to affect our tasting experience. Our focus will be specifically on how these flavor interactions are expressed in wine. Through guided tasting exercises, we’ll examine the structure of wine flavor including: complexity, balance, concentration, persistence, ripeness, and deliciousness... among others. We’ll also talk about



common characteristics found in Santa Barbara County wines. We’ll tackle food and wine pairing strategies, what works and why (or not). The interactive nature of this class offers much opportunity for lively discussion and asking questions.

Topics covered:

- How to Taste—Why swirl? Wine tasting technique demystified.
- Aspects of Aroma and Flavor—how food and wine “feel” on the palate.
- Food and Wine Pairing

Basics—Flavor interactions—contrasting and complementing.

We will taste through several flights of wine and consume small sample bites of food in order to illustrate the principles involved. Prerequisites: Open mind and appreciation of pleasure.

Cont. on back

ENROLLMENT FORM: *Wine Tasting*

ENROLLMENT FORM: VISTAS Members ONLY

Limited to 30 Participants

\$45 per person

Amount Enclosed \$ _____

Name(s): _____

Address: _____

Telephone: _____ Fax: _____ Email: _____

Mail to: VISTAS Lifelong Learning, Inc., P.O. Box 23228, Santa Barbara, CA 93121-3228

Deadline for registration: November 25, 2010

If possible, please carpool!

Session 2—Winery Field Trip—John Van Atta

You will see and hear firsthand how the famous “Cinco Locos” have been making award-winning red wines at Howard Scar’s home at 1330 E. Pepper Lane in Montecito. This will be a relaxed afternoon and will include a detailed winery tour and tasting their pinot, cabernet, merlot and syrah wines along with some cheese and crackers. Given your prior classroom experience, this will be a fulfilling learning event.



VISTAS Fall 2010/Winter 2011 Calendar

Seminar/Event	Inclusive Dates	Time	Venue
Christian Beginnings From Cult to Creed	Wed, Nov 3, 10, 17	9:30am-12:30	Valle Verde Social Rm
Lewis Carroll & Frank Baum	Mon, Nov 8, 15, 22	9:30am-12:30	Goleta Library
Documentary Film Club	Thurs, Nov 18	2:00PM	Maravilla Theater
Documentary Club	Thurs, Dec 16	2:00PM	Maravilla Theater
Stalin	Mon, Jan 3-31	TBA	TBA
Fixing the Financial System	Tues, Jan 11-25	2:00PM	Goleta Library
Human Migration Redux	Wed, Jan 12 & 19	TBA	TBA



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